


THE LELAND OF LAUREL RUN / PERSONAL CARE JANUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 HAPPY NEW YEARS! Independent Activities Word Search, Coloring Pages, Games, etc.	2 8:30 Exercise 9:30 Coffee Social 10:30 Trivia 1:30 Movie & Popcorn: Robin Hood 1:30 Bible Study 3:30 Charades	3 Independent Activities Word Search, Coloring Pages, Games, etc.
4 Independent Activities Word Search, Coloring Pages, Games, etc.	5 8:30 Wii Bowling 9:30 Local News 10:30 Travel Trivia Sweden 1:30 BINGO 3:30 Reminisce	6 8:30 Sittercise 9:30 Local News 10:30 Market Search 1:30 Manicures & Music 3:30 Brain Teaser.	7 8:30 Morning Stretch 9:00 Coffee & Donuts 10:30 Trivia 1:30 BINGO 3:30 Reading Group	8 8:30 Sittercise 9:30 Local News 10:30 Riddles & Jokes 1:30 Happy Hour: Milkshakes 3:30 Table Game	9 8:30 Exercise 9:00 Coffee Social 10:30 Trivia 1:30 Movie & Popcorn: Cat on a Hot Tin Roof 1:30 Bible Study 3:30 Charades	10 Independent Activities Word Search, Coloring Pages, Games, etc.
11 Independent Activities Word Search, Coloring Pages, Games, etc.	12 8:30 Wii Bowling 9:30 Local News 10:30 Travel Trivia Great Britain 1:30 Bookmobile 2:00 BINGO 3:30 Reminisce	13 8:30 Sittercise 9:30 Local News 10:30 Market Search 1:30 Live Music w Bryan 3:30 Brain Teaser.	14 8:30 Morning Stretch 9:00 Coffee & Donuts 10:30 Trivia 2:00 Salem Church 3:30 Reading Group 6:30 Calvary Church	15 8:30 Sittercise 9:30 Local News 10:30 Riddles & Jokes 1:30 Shopping Trip: Dollar Tree 3:30 Table Game	16 Resident Choice Meal 8:30 Exercise 9:00 Coffee Social 10:30 Trivia 1:30 Movie & Popcorn: Dances with Wolves 1:30 Bible Study 3:30 Charades	17 Independent Activities Word Search, Coloring Pages, Games, etc.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>18</u> Independent Activities Word Search, Coloring Pages, Games, etc.	19 Martin Luther King Day 8:30 Wii Bowling 9:30 Local News 10:30 Travel Trivia Finland 1:30 BINGO 3:30 Reminisce	20 8:30 Sittercise 9:30 Local News 10:30 Market Search 1:30 Hour Baking: Chocolate Chip Cookies 3:30 Brain Teaser.	21 8:30 Morning Stretch 9:00 Coffee & Donuts 10:30 Trivia 1:30 Country Drive 3:30 Reading Group	22 8:30 Sittercise 9:30 Local News 10:30 Dine Out: Velvet Café 1:30 Happy Hour: Rum & Coke 3:30 Table Game	23 8:30 Exercise 9:00 Coffee Social 10:30 Trivia 1:30 Movie & Popcorn: Th Time Travelers Wife 1:30 Bible Study 3:30 Charades	<u>24</u> Independent Activities Word Search, Coloring Pages, Games, etc.
<u>25</u> Independent Activities Word Search, Coloring Pages, Games, etc.	26 8:30 Wii Bowling 9:30 Local News 10:30 Travel Trivia Greenland 1:30 BINGO 3:30 Reminisce	27 8:30 Sittercise 9:30 Local News 10:30 Market Search 1:30 Craft Korner: Painting Class 3:30 Brain Teaser.	28 8:30 Morning Stretch 9:00 Coffee & Donuts 10:30 Trivia 1:30 BINGO 3:30 Reading Group	29 8:30 Sittercise 9:30 Local News 10:30 Riddles & Jokes 1:30 Birthday Celebration 3:30 Table Game	30 8:30 Exercise 9:00 Coffee Social 10:30 Trivia 1:30 Movie & Popcorn: Frankie 1:30 Bible Study 3:30 Charades	<u>31</u> Independent Activities Word Search, Coloring Pages, Games, etc.

CALENDAR SUBJECT TO CHANGE